



# TRITON VOICE

Triton High School

Triton's Student-Produced Newspaper

December 1, 2023

## A Supporting Community

### Community Service Club Partners with Newbury Parish Church

By **Marvens Pierre Jules**  
*Staff Writer*

In the early morning last Saturday, students from Triton's Community Service Club gathered at the high school to collect and organize donations for their annual "Spirit Week: Stuff-a-Bus."

"We have been doing Stuff-a-Bus for four years now," said Community Service Club Co-Advisor, Ms. Theresa Karol.

"All four years, the Newbury Food Pantry has been a beneficiary from that, and the last three years they have been the sole beneficiary from our Stuff-a-Bus."

As the holidays peek around the corner, families gather for the celebration of this festive season. The Newbury Parish Food Pantry, established Dec. 11, 2015, is there to support families throughout the local communities however they can, said members.

"We gave out turkeys for Thanksgiving," said Jane Merrow, food pantry director. "We put food in 311 households, serving over 750 individuals."

The pantry first started after the closing of the Methodist Church and food pantry in Rowley. Workers from that pantry were in search for new sources to pick back up with the program.

"None of the other churches had any room," said Merrow, "so I thought we could put it in the library of our little church." After getting permission, the pantry was relocated to the Newbury Parish Church.

"We had one guest come," said Merrow of that first year, "and we had three volunteers ready to help them." The program continued to grow over the years and reached a peak when the pandemic started in March, 2020.

"We went from serving 150 people to 300 overnight," said Merrow. "We started to give out pieces of paper to show what was available to order, until we developed an online ordering system."

As the church started to reopen for in-person services after the pandemic, the pantry took refuge in the garage of a family in Newbury.



Picture of students from the community service club at Triton High school, and other volunteers who helped unload and organize donations from Triton's annual "Stuff A Bus." (photo by Jane Merrow)

"A family in Newbury let us use their garage," said Merrow. "We were there for about 11 months." The 40x60ft building now known as the "Newbury Food Pantry" was constructed during that time frame.

"Because we are 100 percent volunteer and no one gets paid," said Merrow, "the whole building is paid for, we have no mortgage on it." The Newbury Food Pantry serves seven towns within the community, and recently started adding smaller pantries in schools within the Triton School District.

The Community Service Club at Triton has found large success with raising and donating food to help the pantry, as they raised 1,500 lbs of food during this week alone. That all started with Karol raising food for the Rowley food pantry.

"I was working with the Rowley Food Pantry," said Karol, "and they weren't getting any donations, so I did a small one at my house... And my entire living room was full of food."

Getting two carloads from a canned food drive from Pine Grove Elementary School would be the very start of what is now known as "Stuff-a-Bus" here at the high school.

"The Newbury food pantry really brings in a sense of community," said Karol. "It happens here in our community and shows the kids that some of us are extremely fortunate to never have food insecurities, while others are in a very difficult spot. And (it) really opens their eyes to everybody in our community."

Active members of the club are exposed to many different opportunities, and students at THS find enjoyment in giving back to the community, they said.

## Unified Basketball Shoots the Stars

### Triton Voice Gets Inside Look at Team

By **Kiara Kenney & Jacob Kenney**, *Staff Writers*

The Unified Basketball Team is pretty new to Triton, having been formed over the past two years. It is a Special Olympics sport that allows students with or without intellectual disabilities to participate in an environment where kids can work together and have fun playing basketball. They get to play against other Massachusetts Unified basketball teams, including Danvers, North Reading, and Swampscott. Out of the four games played at the time of this article, the Triton Vikings had won two.

The Triton Voice got a chance to interview one of the coaches on the team, Amy Holland, who is a third-year Triton Learning Center (TLC) teacher, as well as Dimitri Ballou and Pedro De Souza, two star-players and TLC students who have been on the team since its start.

Holland spoke about the impact that coaching the team has had on her, "I feel that the introduction of programs, like unified sports, brings nothing but positivity and inclusion to the forefront [See UNIFIED on page 2](#)

## Preventing Vending Machine Theft

### Inside Triton's Battle Against Student Lunch Code Fraud

By **Bryant Monaghan & Weston Murphy**  
*Staff Writers*

In the bustling hallways of Triton High School, where students find themselves caught up in education, a silent issue is becoming increasingly more problematic. It's a conflict that has played out in the school's cafeteria, with some students exploiting their peers' lunch codes to satiate their hunger without spending a dime. This problem has left administrators searching for a solution, but it's more than a simple case of pilfered snacks—it's a challenge to the feeling of community that Triton High School strives to uphold.

Fortunately, light is being shed on a growing issue within our school—lunch code fraud. As students resort to deceptive practices to access free meals, administrators are faced with a conundrum. The problem is affecting not only the perpetrators, but also the entire student body. The Triton Voice delved into the heart of this issue, exploring its impact.

As the school year began, few students were concerned about the safety of their lunch money. However, within a few weeks, conversations started to circulate about the consequences [See THEFT on page 2](#)

## Fueled By Lactose: Senior Noah Alcaraz & the Milk Mile

By **Talia Strauch**, *Staff Writer*

On a crisp winter day, a student makes a mile long journey. Resisting the harsh wind, a young man hustles through the snow, chugging school-sold milk. Nothing like a cold box of lactose to fuel the one and only Milk Mile, he thinks. This annual tradition will reign on with the support of fellow students, and just maybe the challenge will expand along towards other districts.

The Milk Mile is what some call an unstoppable trend performed by senior Noah Alcaraz. It is a task that involves no prior training up until the day it is performed. Alcaraz sets apart a time during school hours to get a camera crew to follow him outside, where he begins chugging. In past experiences, Alcaraz has chosen to down eight full school milks which fueled him for the hard mile to come. He has done his run in numerous seasons, including the dead of winter where two feet of snow blanketed the track.

"To me the Milk Mile means absolutely nothing, but I had this idea that it was possible, and I wanted to push the human limits," claims Alcaraz.

As a previous track athlete, Alcaraz has spent considerable time running. He notes that creating the challenge was a spur-of-the-moment thing, and decided to film all of the completed runs. Posting them on social media, Alcaraz got minimal views, but he was still motivated to keep hustling.

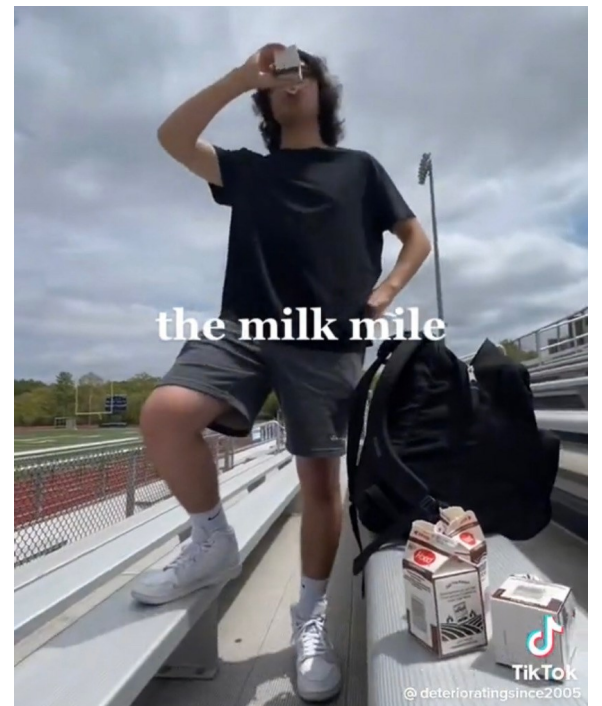
Running this exotic sprint has typically been done solo by Mr. Alcaraz, but there is hope that it will spread to the student

body here at Triton. Senior Class Officer Cam Neary is in full support of widening the awareness of the Milk Mile, sharing, "Personally, I have been pushing for the Milk Mile to become part of the track and field experience. Forget running, jumping, and throwing, I want to see the best and brightest chuggers that Triton has to offer."

The Milk Mile is a unique style of motivation, not only for the runner, but for its viewers. Senior Nate Reily, who has watched Alcaraz run first-hand, was able to rekindle his excitement and passion for photography with the recurring Milk Mile, sharing that just the look on Alcaraz's face was enough to gain anticipation for the next run.

Some may be wondering, why milk? Alcaraz claims that milk is the ideal beverage as it "is the most readily available on the Triton campus." As much as Alcaraz enjoys chugging lactose-based beverages, he has also been fueled by a dozen apple cider donuts, claiming, "I also dabbled in the Donut Mile, twelve donuts vs. one mile." Being one of the hardest runs that he has completed, Alcaraz is eager to challenge himself.

While Neary has never been granted the chance to witness the Milk Mile in person, he still feels honored to have seen it through Tik-Toks that Alcaraz has posted. He patiently waits for the day that Alcaraz performs his jog, stating, "I enjoy seeing the Milk Mile as a biyearly event, once in the winter and once in late spring." As much as [See MILE on page 2](#)



Noah Alcaraz preps for his mile run. (Image by Deterioratingsince2005/Tik-Tok).

## Chaos & The Dogs: Released a Week Apart, Drake & Ken Carson Albums Compete

### Carson's 'A Great Chaos' Tops Previous Albums

**Bryant Monaghan & Weston Murphy**  
Staff Writers

When artist Playboi Carti and his labelmates announced their "ANTAGONIST" arena tour, it seemed like Carti's record label Opium was in hibernation. Only artist Destroy Lonely had dropped tracks, leaving fans bewildered, especially after Ken Carson made a July album announcement that vanished into thin air.

With the beginning of the tour creeping up, Carson finally pulled back the curtain on his third studio album, *A Great Chaos*, released October 13. This revelation alone sent fans into a frenzy, even though Carson had teased them before. Anticipation swelled as tantalizing snippets emerged, each offering a glimpse into the upcoming chaos.

A day before the release however, the whole album unexpectedly leaked online, leaving fans skeptical of yet another delay. Hours away from the scheduled drop, Carson stayed mum. But when the clock struck 12, salvation arrived, and the LP burst onto all streaming platforms, giving fans the chaotic thrill they had been waiting for.

The essence of *A Great Chaos*, residing on major streaming platforms such as Apple Music, is simple yet powerful — it's designed to incite a continuous mosh pit, creating a tense and aggressive atmosphere that mirrors the chaotic energy of Carson's live shows.

This album stands out as the most explosive release of the year, featuring a variety of beats from producers such as FILTHY, Starboy, Lil 88, and even Carson himself. FILTHY's influence, as a member of the "Working On Dying" collective, is prominent throughout. This persona particularly shines on tracks like "Green Room" and "Succubus," showcasing intricate production that sets



this album apart from Carson's previous works. The combination of Carson's nasal delivery with the raw production results in a unique, sonic experience.

Carson's lyricism is characterized by catchy punchlines and aggressive bars, maintaining a consistent style with previous projects, notably *Project X*. While the wordplay may not be groundbreaking, the growth in this department is evident, especially in tracks like "Green Room." The album features collaborations with similar artists Destroy Lonely and Lil Uzi Vert, highlighting Carson's versatility in adopting different rap styles. Standout tracks like "Jennifer's Body" and "Nightcore" boast remarkable flows, bending and twisting the typical sonic rhythms associated with hip-hop.

The album can be likened to the *American Psycho* of music, not catering to everyone, but deeply loved by those who appreciate its eccentricity. Each song feels like an exploration of different dimensions, offering a multifaceted experience within a single track.

After thorough listening and research, Carson's *A Great Chaos* stands out as an above-average project, surpassing his previous works. The album, ranging between a high 7.5 to a solid 8, owes much of its appeal to the electric production. While the album's vocal performances contribute significantly, it's the production that elevates it to a unique status. Despite occasional lyrical ambiguity, the overall impact of the album is undeniable, cementing Ken Carson's place in the realm of rage trap and hip-hop.



Post-game with the Triton Unified Basketball Team (Kenney photo).

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of every member of the community. It's people stepping up to support other people and it promotes growth in everyone that chooses to be a part of it. I love it! Unified has also given me the opportunity to meet other students and colleagues outside of the TLC classroom and helped me to feel more included in the Triton community."

Holland explained seeing growth within the whole team.

"Incredibly, the team has already surpassed the goals I had for this year, which was to improve our skills in order to achieve success on the court," she said.

Unified Basketball has only been around at Triton two years but Holland encouraged students to come see the action. "Come check us out. I guarantee it will have a positive impact on you. There's no way to walk away from a unified game without a smile on your face."

Ballou, who has been a student at Triton High School going on eight years, has been playing basketball for four years, both defense and offense. This is his second year being a star on the team.

"It's good for making friendships, especially if you're not good with making friends," said Ballou.

The team is filled with students who are there to support each other, and all have the same goal—to have fun. Since Ballou has had a little more experience on the court, he tries to give an extra helping hand whenever he can.

"I try to cheer my team on whenever they are on the bench, and help out my teammates if they can't make a score," said Ballou. He strongly believes Unified Basketball is about teamwork and support.

De Souza, who has also been a long-time student at Triton and a two-year star, expressed his admiration for Unified Basketball.

"Having the ball in my hand makes me feel good," said De Souza.

Unified Basketball gives students the opportunity to be able to play a sport in such an environment where everybody—no matter what team you're on, everyone is just friendly and the main goal is for everyone to participate at their own pace. "It's good for the kids, everyone should join," said De Souza, who encourages anyone no matter who they are, to join the team!

### 'For All The Dogs' Not For All People

**By Jacob Kenney**  
Staff Writer

"Don't talk to my man like that..." were not only the words of Adonis, six-year-old-son of Hip-Hop phenom Drake, but were also the words of Drake fans towards the haters who said their favorite rapper flopped with his most recent project.

Aubrey Graham, famously known as Drake, dropped his eighth studio album, *For All The Dogs*, on October 6. This release is part of a "trilogy of albums," as Drake described them. This project followed his preceding albums, *Certified Lover Boy* (2021) and *Honestly, Nevermind* (2022). Drake did not receive the best of reviews on this new album, but it couldn't have been that bad, as it hit number one on the U.S. Billboard 200. This became the Certified Lover Boy's thirteenth U.S. number one album in his illustrious career.

Drizzy added emphasis on the word "feature." With artists such as the one to "Do Sum for Me" 21 Savage, "The Dreamer" J Cole, the "Twizzy God" Yeat, and "Mrs. Thuggin' With My Rounds", Sexy Redd. Adonis Graham even had a feature on the album, with the "My Man" freestyle at the end of his dad's *Daylight*, which hit the top half of the US Billboard Hot 100. With all these major features, fans still provided poor reception.

Many fans took to social media platform Reddit and had things to say like, "Drake is just straight up boring. Hasn't put out an exciting



Album art courtesy Ken Carson (left) (pitchfork.com) and Drake (right) (genius.com)

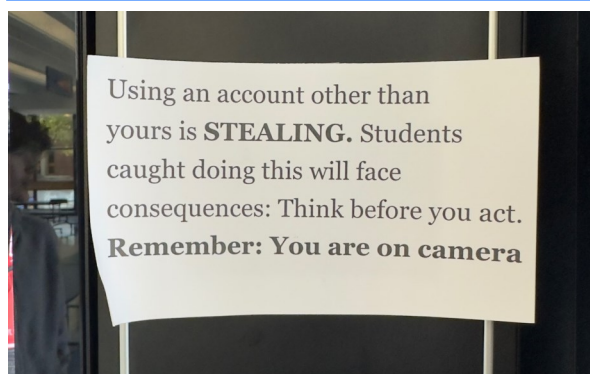
album since 2015. It's been over."

Another fan wrote "'First Person Shooter,' 'IDGAF,' and 'Another Late Night' is fire, and 21 Savage killed his verse. Everything else is trash."

Not all reviews were bad, as one fan had this to say about the ChampagnePapi, "My glorious king Aubrey Graham has delivered once again."

I keep seeing people saying that this album is trash but I don't think any of the haters could even come close to making an album as wonderful to the ears as this one. As always, my top five remains to be DRAKE, DRAKE, DRAKE, DRAKE and DRAKE.

Definitely some mixed reviews regarding this album. Nonetheless, *For All The Dogs* was a solid 9/10. Yeat went off, 21 Savage and Drake are like Shaq and Kobe, J Cole is J Cole-enough said. So for anybody calling this album "trash", the Drake fans got seven words for you, "DON'T TALK TO MY MAN LIKE THAT"



A sign on a lunch room vending machine at Triton (Monaghan photo).

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awaiting those caught using other student's lunch codes to purchase food. This issue soon snowballed into a significant problem.

Mr. Joe Celia, assistant principal, expressed concern over the situation.

"We are a community at Triton High School," said Celia. "We've got to stand together, and if students are using other people's lunch codes, it's against what we're trying to do here, if you are knowingly taking money from other people's accounts, you are putting a burden on their families to put money in their accounts so they can eat."

Fellow Assistant Principal, Mrs. Elizabeth Pacheco, appeared equally resolute, stating, "It's not right — it's theft, it's deception."

In response, administrators have been proactive. They've taken several measures to curb this issue. Surveillance cameras now keep an eye on the cafeteria, capturing culprits in the act. As a result, disciplinary action has been taken against many students. Football players, in particular, have felt the brunt of the school's response, due to their major role in the situation. Not only did they lose playing privileges, but they were assigned mandatory Saturday school.

School Resource Officer John Lucy weighed in, stating "It's the high school version of credit card fraud. If you don't deal with the smaller crimes, then you are more likely to have bigger crimes."

Administrators say the issue may seem small, but it touches upon a deeper concern for Triton High School. It challenges the principles of honesty and community that the school seeks to instill in students. Although the stolen amounts are relatively small, the consequences are far-reaching and administrators are asking for students help ending the problem.

### MILE from page 1

Neary wants to see the mile be brought to life, he feels as if it's unethical for him, as a class officer, to endorse because of "the physical toll that the Milk Mile takes on the human body."

Other students at the high school have had the privilege of seeing the mile completed in real time. One of these students being Reily. As the man responsible for recording the winter run, Reily was able to capture the moment when Alcaraz crossed the finish line.

While the camera quality was not up to standards due to the cold temperatures, aspiring photographer, Reily, still found it to be "a wonderful experience." While Reily would not participate in the challenge, he would still support all those who would, as he realizes how impressive it is that Alcaraz can "drink all that milk and still run farther than the average person".

The future of the Milk Mile is continuously evolving and Alcaraz expects a new one to be run this year. His message to the student body: "There might be a new Milk Mile dropping this year, stay tuned."

Completing the mile is not for the weak. Neary wants to emphasize the strength that it takes to be motivated by dairy, going on record claiming, "Noah Matthew Alcaraz is god's strongest soldier."

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