



- Many more stories online at tritonvoice.co
- Get news on *Twitter*, *Facebook* & *Instagram* [TritonVoice](https://www.facebook.com/TritonVoice)
- Read the print version online at tritonschools.org/high



RITON VOICE

Triton High School

Triton's Student-Produced Newspaper

November 1, 2019



HAPPY HALLOWEEN!

The Halloween Parade stepped off yesterday with seniors dressing to impress. More photos on page 2 (*Triton Voice* photos).

Renovations & Repair Survey at THS Begins

Architects, Contractors Reviewing THS Building Needs

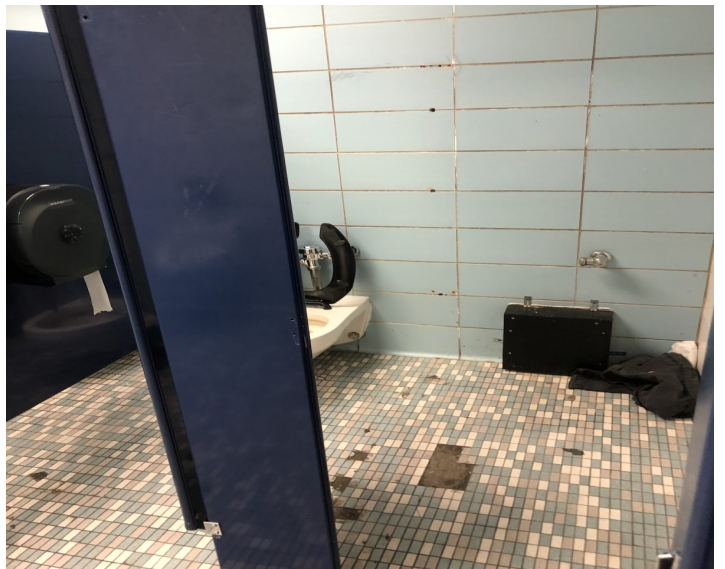
By Nick Pagliarulo and Jack Niska
Staff Writers

Within the next three to five years, future students might come back to a fully renovated Triton High School consisting of updated amenities that are a necessity to keeping Triton going.

The most popular amenity that students would like to see fixed are things such as the school bathrooms. Christopher Walsh, facilities director for the district, is also looking at other areas in need of repair. This consists of amenities such as the school roof, a new loading dock, and the building's MEP (Mechanical, Electrical and Plumbing).

Walking into a renovated Triton would not only change the way students perceive Triton, but would also be to the students benefit and add to the enjoyment of coming to school each day.

For the past few weeks, there has been a group of contractors from Norwell, Massachusetts — Habib Architects — who have been given a tour of the premises. Walking up and down the halls, scouting out things that need to be redone such as the bathrooms, roofing and parking lots, has led to the student body to starting to spread the word about potential renovations.



Repaired bathrooms are one of the many issues on the list of updates being examined by contractors during an ongoing survey of THS's building needs (*Pagliarulo photo*).

Taking Care of Athletes 'Like a Mom'

New Athletic Trainer helps students recover and heal from injuries

By Katherine Quigley & Charles Takesian
Staff Writers

After Macy Morrison received an ankle injury in high school, she discovered a passion for athletic training during her time in physical therapy. After years of training and experience, she chose to come work at Triton High School, as the new athletic trainer in the athletic department.

After working with physical therapists to recover from her ankle injury, she discovered that working alongside athletes was something she wanted to do after high school.

"I did not want to be stuck inside an office all day," said Morrison. "I wanted to be on the field watching games and being there when an injury occurs, not just for the rehab part." At Marshwood High School in southern Maine, where she attended, Morrison played soccer, basketball, and lacrosse. She was always working with her athletic trainer and admired what he did.

Before Morrison came to work at Triton she worked as a part-time trainer at Duggan Academy in Springfield. She later moved to work in the Springfield District at the Springfield Renaissance School. After moving back home to Maine, she wanted to work close to home and Triton was one on her list of choices. She chose the role at Triton because it provided a position as an assistant athletic director.

See **TRAINER** on page 2



Macy Morrison taping a Triton athletes ankle before their practice (*Quigley Photo*).

THS Dress Code Discussed

By Cam Jolivet
Staff Writer

Some men wear abnormally ripped skinny jeans or small tank tops while some women wear too short pairs of shorts or a crop top that's too small. These are all examples of dress code violations that could get a student into some trouble.

Mrs. Kathryn Dawe, Triton High School Vice Principal, is a strong believer in the school dress code and does not think that it is in anyway sexist towards men or women. Dawe said that she loves the idea of uniforms at Triton but "It would never happen."

"You need to allow students to have 'freedom of expression' but at the same time a students outfit shouldn't interfere with or distract them from their school work," said Dawe. The "freedom of expression" is in a way a form of art for some students which Dawe has no problem with, but when it starts to interfere with their school work that is when the dress code should be enforced.

Many teachers don't have any control over what is on the school dress code. Most teachers don't want to yell at students, but if the student is breaking the dress code, then they have to do something about it.

"It's kind of hard to enforce a dress code because its kind of awkward to tell a student 'hey that's inappropriate you can't wear that,'" said Olivia Cornell, high school Spanish teacher. Enforcing the dress code is harder to enforce than to abide by in most teachers eyes.

"It doesn't bother me about the dress code because of the weather and how it's constantly changing. Obviously if it's cold outside then I'm going to wear clothes that cover me up," said Amanda Ouellette senior. "On the other hand, hot days are usually a struggle to find clothes that I won't sweat in without showing too much skin."

Most women and men at the school can agree that the 'new school styles' are ripped jeans, small shirts, and various other things. For example, if you don't wear what is 'in style' then your not as cool and if you do wear it then you may get dress coded.

"I don't agree with the fact that girls aren't able to show shoulders or anything like that its just unbelievably stupid," said Vincent Forni, senior. Forni agrees with a lot of women as well as some men that it is ludicrous that you can get in trouble for expressing yourself.

Again, this is called 'Freedom of Expression' where depending on the school it may have different set rules about the dress code. Some schools may have uniforms and some may have very few but they all serve the same purpose, which is to make sure students are not distracted by one another while in school.

Many have been starting to question whether it would be better to renovate or tear down and rebuild the building.

"I don't think a renovation is the answer. I think the solution is more of a rip-down and rebuild," said Academic Support teacher, Stacey Beaulieu.

Others say they think a renovation is more practical and more realistic.

"I feel like there will be a few changes, but I don't believe they are going to complete a whole renovation like Pine Grove," said Triton junior, Julia Casaletto.

Triton would be following a strategy known as MEP when approaching a renovation.

"MEP is mechanical, electrical, and plumbing," said Walsh. "Mechanical is anything from elevator systems to rooftop units that provide heating and cooling; electrical will be including technology; and plumbing is piping, fire safety and things of that matter."

As well as existing amenities being renovated within Triton, the addition of new features within the school that are not already on the premises is something students are looking forward to.

Looking at the recently completed Pine Grove School renovation and seeing new open areas in every hall for kids to sit and do work in has gotten some students talking and sets a good example for schools such as Triton to get in touch with their creative side. Some would like to see these at Triton.

"A school swimming pool would be an interesting feature for the swim team," said Brendan Stokes, business teacher.

Walsh hopes for a new feature for the football stadium: "I would love to see us get a press box" said Walsh.

Whether building a new school or renovating what's already here would change students' attitudes towards coming to school each day.

"Not only would it enrich the students experience at school, See **RENOVATION** on page 2

Triton Regional School District is committed to maintaining a learning environment free from discrimination on the basis of race, color, sex, gender identity, religion, national origin, sexual orientation, age, political affiliation, disability, or any other factor as defined and required by state and federal laws.

Trashing the Oceans, Warming the Planet The REAL cost of Climate Change

**By Bonnie Durante
Staff Writer**

In the Pacific Ocean, off the coast of North and South America, floats a new man-made continent, two and a half times the size of Texas. How was this continent made? Trash.

The entire island is trash. People have dumped so much plastic, nets, and much more into the ocean that the currents have swept up and swirled the waste into huge islands. The island in the Pacific ocean isn't the only man-made island of trash.

By the year 2050, there will be more plastic in the ocean than fish. Fish eat the trash, then we eat the fish, which essentially means we're eating our own trash. Every time you drive on the highway and look at median or on the side of the road near the trees, there's trash there. The animals in the area might eat that trash. Some people hunt those animals and eat them, and again essentially eat the trash.

Thankfully, there are companies and people out there who are trying to stop climate change and do everything they can to clean up our earth. Companies like Adidas partnered up with the company Parley to make shoes out of plastic bottles from the ocean. They have sold more than twice the number of shoes this year made of plastic than last year. The hugely popular company Hydro Flask, makes reusable water bottles to encourage people to move away from plastic water bottles.

"I think it definitely would (be worth buying metal straws) and I need to really buy one because I do, I drink coffee every single day every morning...so I think spending five bucks on a couple of metal straws isn't going to kill me," said senior Emily Howe. There are companies out there that make metal and paper straws for the environment. The metal straws promote the reuse of products and the paper straws promote the use of decomposable products.

The company Gomi Design has come up with a way to use more than 100 non-recyclable plastic bags to make high-end Bluetooth speakers. And when the speakers get old or are messed up in the making process, they can be remade again.

With many companies like Adidas and Hydro Flask, it targets mostly the younger generation to use their products. Many students at Triton owns at least one item from Adidas. And not to mention how many Hydro Flasks seen in just one classroom. Kanken backpacks are also largely popular on social media encouraging kids to buy stylish bags. Most of the time though, kids don't realize that they are being environmentally friendly by buying popular products.

"Every ecosystem on earth is connected to every other ecosystem on earth and it forms a global system," said Mr. Thomas Horsley, science teacher. Horsley is right in the way that if we continue down the road we are headed, we could seriously mess up the whole world. But most people don't really care about pollution because it does not affect their day to day life

"At this moment in student council we are attempting to install new water bubblers to promote reusing water bottles," said senior Linda Freeman. Many students, like Freeman, have noticed how much plastic we use every single day and are working to fix this problem. Last year a group of students came up with a more environmentally friendly and cheaper option for the plastic boxes our breakfast sandwiches and everything else is put in. Triton is taking steps to be more eco-friendly, and it's not just Triton. Schools all around the country are trying to make changes.

We can still fix this and it's up to everyone working together to fix it. It's not too late yet.

TRAINER from page 1

"Being an assistant director is something I've thought about pursuing in the future," said Morrison.

Not only has Morrison taken on the role of an athletic trainer, she is also the assistant athletic director. Morrison works closely with Tim Alberts, our new athletic director, and helps him with the large workload.

"There's a lot that goes into running the athletic department, a lot of scheduling, a lot of transportation, a lot of phone calls and emails," said Alberts. "Macy does a great job doing those with me. It's certainly a big job and to have extra support is very important to have everything fall into place." Both Alberts and Morrison are new at the high school, and have helped each other out with transitioning into a new environment. "She's a pleasure to work with and a great resource, and the students really like her too," says Alberts.

One of Morrison's duties as an athletic trainer is to stand on the sidelines at various sports events. Every Friday night, Morrison can be found on the sidelines at the Triton varsity football games. Beside her is sophomore Kylie Eaton and Freshman Ava Watson who are the football managers. "Running out on the field with her during football games is very fun and I like to know what's going on and helping others," says Eaton, "I have learned a lot of physical therapy stuff and other important lessons in athletic training." Watson has also been working alongside Morrison for the past few months. "I think Macy is an amazing person. We are always making each other laugh. I've learned so much from Macy, even though she might not know I'm paying attention to her taping, I am" said Watson.

Morrison has recently started receiving forms for students to work with her and learn what it means to be an athletic trainer. Along with Watson and Eaton, is junior Evelyn Pearson also works closely with Macy as a football manager. "I don't intern with her yet because of volleyball, but standing with her during the football is fun. She does teach me a lot when one of the guys gets injured during the game. She has taught me a couple of things about her job already," says Pearson, "I've learned to tape ankles and arches. She's also taught me how during certain weather conditions (it can change sports practice drastically."

According to athletes, Morrison has had a positive impact on Triton and has been very beneficial to the sports department and its athletes. "She's like a mom," says MarkAnthony Glickman, another Triton athlete. "She's always there when students need her and knows what to do."

As fall sports come to an end, winter sports will come soon and many other athletes will have the opportunity to meet Morrison and see her impact on Triton Athletics.

Get REAL

New REAL ID System Aims for Higher Level of U.S. Security

**By Olivia Kneeland
Staff Writer**

In one year from now within the United States citizens will need a Real ID to travel on flights and to get into military bases and federal buildings.

Passed by Congress in 2005, the Real ID Act enacted the 9/11 Commission's recommendation that the federal government to enforce higher levels of identification.

The act established minimum security standards for state-issued driver's licenses and identification cards. It prohibits federal agencies from accepting for official purposes licenses and identification cards from states that do not meet these standards.

The act will start to be enforced on October 1, 2020. By this date, not only must all states be issuing Real licenses, but individuals must also have visited their state's RMV and obtained a REAL ID card, or an acceptable alternative such as a U.S. passport, if they wish to fly on commercial aircrafts or access federal facilities.

The security procedure at checkpoints has not changed and those who check don't ask any questions referring to the new ID as of right now. In the future as more people get this form of identification, complications may evolve since its going to be such a new thing to certain people.

"In the future I assume people without it will feel inconvenienced by having to use their passport," said student Jacob Forrest

Forrest has already traveled using his REAL ID and has a lot of experience traveling. He plans to travel with it more in the future.

Some people have argued that this is unneeded

and that it won't increase security, or make them feel safer while flying like the new law stated when it was passed.

"As long as it's domestic travel I don't see the need for an even newer type of ID, the old system worked fine. it seems more annoying for people to have to chose over going to the RMV or using their passport...No it's the exact same thing, with the exact information as the old type of ID," said Jacob Forrest

Teens who are planning on getting their licenses this year have been interested in getting the REAL ID. Many adults that have to get their licenses renewed are also being required to get the REAL ID this year, and probably for many years to come.

"Absolutely I do," said Jack O'Shea, referring to getting the REAL ID.

The process of getting the REAL ID is done through your RMV. you need more documentation that proves that you are a U.S citizen then you would need just for the regular ID.

"You need your birth certificate...you could have your passport, something to prove you are a Massachusetts residence," said Daniel Rivera .

U.S. citizenship or lawful presence, Social Security Number, Massachusetts residency are what you need to get the REAL ID. All documents must be originals, photocopies and laminated documents are not accepted at the RMV. Over the next few months many people are going to be looking into getting this new form of ID.

RENOVATION from page 1

but many that go to Triton might feel a bit prouder to show it off," said Beaulieu. "Before the stadium renovation a few years ago, hosting a track meet here was impossible. No one could run here or wanted to. To know that Triton now has the ability to have a meet here, is what a lot of students take pride in."

Although a construction project at Triton might give students an opportunity to show off Viking pride, it's up to the students to take action to maintain and show that pride.

"Some students are just driven, and for some,

school will never be their thing" said Scott Brennan, assistant principal.

"If I came to some nicely renovated, modern, American school, my attitude would be a lot better going forward," said junior, Brycen Cray.

Casaletto agreed. "Going to a new school would make me more grateful for my education."

A project such as a renovation to Triton that was once an imagination for some might finally become a reality for the younger generations to be able to experience.

"The contractors are still in the process of analyzing, and I am sure their will be more visits," said Walsh. "The goal to get this project started is going to be within the five-year range."



The non-user friendly loading dock (Pagliarulo photo).



Happy Halloween!